



HAMILTON COUNTY

PEDIATRIC DENTISTRY

Tongue-tie (ankyloglossia) is a term used to describe a thick or short band of tissue that tethers the tongue to the floor of the mouth. In some individuals, this attachment may result in eating or speaking difficulties. Research has also linked tongue-tie to disordered sleeping, reflux, migraines, and grinding. **Not all tongue-ties require treatment. Intervention is only recommended if symptoms are present.**

(Please check all that apply)

Speech

- Frustrated communication
- Difficult to understand
- Difficulty speaking fast
- Trouble with sounds
- Speech delay
- Stuttering
- Previous speech therapy
- Mumbling
- Speaking softly
- "Baby Talk"

Eating

- Frustrated when eating
- Slow eater
- Small appetite
- Grazes throughout the day
- Packing food in cheeks
- Picky eater
- Avoids certain foods
- Choking or gagging
- Spits out food
- Unwilling to try new foods

Sleeping

- Sleeps in strange positions
- Sleeps restlessly (moves)
- Wakes easily or often
- Wets the bed
- Wakes up tired
- Grinds teeth while sleeping
- Sleeps with mouth open
- Snores while sleeping
- Gasps for air while sleeping
- Sleep apnea diagnosis

Nursing/Bottle Feeding as Infant

- Painful nursing
- Poor weight gain
- Reflux or spitting up
- Unable to hold pacifier
- Milk dribbled / Messy eater
- Clicking or smacking noises while eating
- Colic (baby cried often)

Other Related Health Issues

- Neck tension or shoulder pain
- Headaches or migraines
- Strong gag reflex or hiccups
- Mouth breathing
- Tonsils or adenoids previously removed
- Previous ear tubes or infections
- Hyperactivity / Inattention

Patient Name: _____

DOB: _____

Doctor Signature: _____

Date: _____